

# Talk to your doctor.

It's the first step in getting your potassium levels down.



- 1 Fill out this form.
- 2 Bring it to your next doctor's appointment.
- 3 Use this information to discuss your treatment options.

## Check all that apply:

### Am I at risk for hyperkalemia?

- I have certain kidney problems.     I have high blood pressure.     I have diabetes.
- I have heart failure.     I am taking medications and/or supplements that may raise my potassium.     I have high potassium.

### How are my potassium levels?

- I don't know, but I would like to.     Too low\*     Normal     Too high (hyperkalemia)

### I am currently working with my doctor to manage my hyperkalemia by:

- Lowering potassium in my diet.     Stopping or lowering the dose of my other medication.     Using prescription treatments to treat high potassium.
- I'm not doing anything at the moment.     Other \_\_\_\_\_

### Should I consider other treatment options to manage my high potassium?

- Yes, and I want to learn more about LOKELMA as a treatment option.     Not sure, but I plan to talk to my doctor about it.

**For more questions to discuss with your doctor, go to the next page.**

\*LOKELMA does not treat hypokalemia (low potassium).

LOKELMA is for adults with hyperkalemia. It can help treat your high potassium levels.

## **IMPORTANT SAFETY INFORMATION FOR LOKELMA® (sodium zirconium cyclosilicate)**

### **What is the most important thing I should know about LOKELMA?**

LOKELMA can cause swelling (edema) caused by fluid retention in your body (such as hands, ankles, feet).

- LOKELMA contains 400 mg of sodium in each 5 g dose. Watch for signs of swelling in your body especially if you limit sodium in your diet or are likely to have fluid retention in your body due to heart or kidney problems. Your doctor may tell you to reduce the sodium in your diet.
- If you are not on dialysis, your doctor may also tell you to increase the dose of your diuretic.

**Please see additional Important Safety Information on the next page and the accompanying full [Prescribing Information](#).**

 **LOKELMA®**  
(sodium zirconium cyclosilicate)  
5g | 10g for oral suspension

**LOKELMA helps bring your potassium back to normal levels**, and helps keep levels normal with continued use. It works fast with potentially no changes to your current medications.\* While taking LOKELMA, you may not be required to change your diet.\*†

\*In people who are not on dialysis.

†People in the LOKELMA studies did not have to be on a low-potassium diet.



## Here are some questions to ask your doctor:

- 1 How can LOKELMA help manage hyperkalemia? \_\_\_\_\_
- 2 Is LOKELMA right for me? \_\_\_\_\_
- 3 How do I take it? \_\_\_\_\_
- 4 Are there any side effects? \_\_\_\_\_

**LOKELMA could be a treatment for you. Talk to your doctor today.**

### IMPORTANT SAFETY INFORMATION FOR LOKELMA® (sodium zirconium cyclosilicate) (CONTINUED)

#### What is the most important thing I should know about LOKELMA?

If you are a hemodialysis patient:

- Do not take LOKELMA on dialysis days.
- Tell your doctor if you suddenly feel sick such as decreased oral intake of food or fluids or diarrhea, as you may be at risk of developing low levels of potassium in your blood while on LOKELMA; therefore, your dose of LOKELMA may need to be adjusted.

#### What should I tell my doctor before taking LOKELMA?

Before taking LOKELMA, tell your doctor about all your medical conditions, including

- problems having a bowel movement, including severe constipation, a blockage (obstruction) in your bowel, or dry hard stool that will not pass out of your rectum (impaction).
- problems with your bowels after surgery.

#### What are the most common side effects with LOKELMA?

The most common side effect of LOKELMA is swelling in your body caused by fluid retention.

Tell your doctor if you have any side effects that bother you or do not go away.

**Tell your doctor about all the medicines you take**, including prescription and over-the-counter medicines, vitamins and herbal supplements. LOKELMA may affect how some oral medicines work. Ask your doctor or pharmacist if you need to take LOKELMA 2 hours before or after other oral medicines.

#### APPROVED USE

LOKELMA is a prescription medication for the treatment of high levels of potassium in the blood (hyperkalemia) in adults.

Please see the full [Prescribing Information for LOKELMA](#).



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